



Pre-Operative Instructions

Please pay close attention to the following information/instructions: If you are currently on antibiotics or being treated for an infection, please call the office prior to your injection appointment.

1. You have been recommended for a pain procedure.
2. You will be given sedation medication for your procedure. Please have someone with you to take you to the hospital on the day of your procedure
3. You will be receiving an injection of local anesthetic. While possible, this procedure is not expected to result in long-term pain relief.
4. We do not anticipate that you will experience any weakness or numbness in the extremities. Nevertheless, it is suggested that you bring a driver to your appointment if possible.
5. On the day of your appointment, please refrain from eating or drinking 12 hours before your appointment time. You may eat and drink immediately following your injection.
6. If you take routine medications, you may take these on the day of your injection as scheduled with a small sip of water.
7. If you are on any blood thinning medications (Plavix[®], Brillinta, Coumadin[®], Aggrenox[®], Lovenox[®], Xarelto[®], aspirin), please notify our office so that we may give you specific instructions about the length of time you need to discontinue these medications. In general, we follow the guidelines below:
 - Blood thinning medications (i.e. Plavix[®], Coumadin[®], Brillinta, Aggrenox[®], Xarelto[®], Aspirin – Stop 1 week prior to appointment (we will need clearance from your cardiologist to stop these medications)
 - Anti-inflammatory (Motrin[®], ibuprofen, Advil[®], Aleve[®], Naproxen, Celebrex, Diclofenac, Excedrin, BC Powder, meloxicam etc.) **Stop 1 week before your procedure**
8. If you have a pacemaker or defibrillator, cardiac clearance will need to be obtained prior to scheduling procedure so proper staff is present during procedure.
9. Procedures will be authorized and scheduled at allocated facilities.

Patient Name: _____

Date: _____

Patient Signature: _____

EXPERT PAIN, PA

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